

# SPSU's PRERNA

Promoting Resources for Education, Resilience, and Nurturing Abilities



**SEPTEMBER 2024**

## **I. Introduction**

To align with Sir Padampat Singhanian University's (SPSU) mission of fostering innovation, hands-on learning, skill development, community engagement and socialization the University has introduced a social project SPSU's PRERNA. This initiative is true to SPSU's mission of "participating in the humane culture of the community," and promotes societal development and engagement by encouraging students to develop solutions that address community needs, focusing on issues like health, education, societal awareness, gender disparity etc.

### **Community Engagement & Social Impact of PRERNA:**

As an integral part of SPSU's ethos, PRERNA focuses on personal and community resilience, leadership, and service. The social project aims to develop in students a sense of responsibility and empathy toward society. Through social projects, students would have the opportunity to connect with local communities PAN India, address regional challenges and contribute to their social and emotional wellbeing. The focus on resilience ensures that students are not only equipped with social skills but also with emotional intelligence and leadership qualities necessary for long-term success. SPSU's Prerna fosters projects that address community challenges, leading to sustainable and inclusive development. It shall play a pivotal role in preparing SPSU students to be future-ready, socially responsible and empathic citizens.

### **Goals**

- a. Community Engagement: Engage with the communities PAN India through various service projects and initiatives to address community needs and promote a sense of belonging.
- b. Sustainable Development: Contribute to the achievement of the Sustainable Development Goals (SDGs) through community service projects that promote environmental sustainability, social inclusion, and economic development.
- c. Advocacy and Awareness: Raise awareness about social and environmental issues within the community and advocate for positive change through education, campaigns, and partnerships.
- d. Collaboration and Partnerships: Collaborate with local organizations, businesses, and government agencies to maximize the impact of community service projects and create lasting change.

- e. **Personal Growth:** Provide a platform for members to grow personally and professionally by participating in diverse service activities and learning experiences.
- f. **Inclusivity and Diversity:** Create an inclusive and diverse environment where members from all backgrounds feel welcome and can contribute to the center's mission.

## II. Project Overview

- **Title:** PRERNA: Promoting Resources for Education, Resilience, and Nurturing Abilities
- **Duration:** 15 hours per year
- **Credits:** Non-credit
- **Mode:** Project duration : Session 2024-25
- **Teams:** Student Team may be up to 30 members each
- **Group Leaders (2-5) and SPOC (1) to be selected by the team**
- **SPOC to liaison with the faculty**
- **Faculty Mentors:** voluntary participation
- **Overall Guidance and Functioning Regulation:** By PRERNA committee members under the guidance of Honourable President and Vice Chancellor, SPSU

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| <b>PRERNA COMMITTEE</b> |
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| Prof. Shweta Lalwani |
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| Prof. Shibani Banerjee |
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### Functioning

Students will connect with an NGO PAN India, may be at their hometowns and select a relative area to work upon and develop it as a project or the student may pick an NGO from the pool of NGOs created by the faculty mentors and PRERNA team.

## III. Project Objectives

- To build resilience through community engagement and support.
- To identify and address a pressing social issue.

#### IV. Learning Outcomes

- Social engagement & creating lasting, positive change in the community through the projects.
- Enhanced project management and teamwork skills.

#### V. Modus Operandi

| Work Plan  |
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| <b>Orientation and Training</b> <ul style="list-style-type: none"><li>• Introduction to PRERNA</li><li>• Team formation</li><li>• Identification and linkage with NGO PAN India</li><li>• Students to submit their team and project title</li></ul>    |
| <b>Planning and Development</b> <ul style="list-style-type: none"><li>• Developing project plans and timelines</li></ul>   |
| <b>Implementation Phase</b> <ul style="list-style-type: none"><li>• Executing the project plans</li><li>• Regular team meetings and progress reviews</li></ul>   |
| <b>Documentation and Reporting</b> <ul style="list-style-type: none"><li>• Preparing detailed reports of the project activities</li><li>• Documenting the outcomes and learnings</li><li>• Presenting the project findings to the university</li></ul> |
| <b>Conclusion and Reflections</b> <ul style="list-style-type: none"><li>• Reflecting on the experience and learnings</li><li>• Final presentations</li></ul>   |

#### VI. Project Report Plan

##### Report Components

1. **Title Page:** Title of the project, team members, and date.
2. **Project Proposal :** Overview of the project, objectives, and outcomes.
3. **About NGO**

4. **Introduction:** Background, rationale, and objectives of the project.
5. **Methodology:** Detailed explanation of the planning, development, and implementation phases.
6. **Timeline:** Showcasing 15 hours of engagement per semester
7. **Activities and implementation:** Overview of the actions taken with pictures
8. **Outcome and Impact**

#### **Submission Guidelines**

- **Format:** Reports should be typed and double-spaced, Justified, Times New Roman 12.
- **Project report submission at the time of final presentation**
- **Evaluation Criteria**
  - i. **Content Quality:** Clarity, depth, and relevance of the report.
  - ii. **Team Collaboration:** Effective teamwork and distribution of responsibilities.
  - iii. **Impact Assessment:** Measurable impact of the project on the community.
  - iv. **Presentation:** Clarity, coherence, and professionalism in the final presentation.

#### **VII. Suggestive areas of project:**

Any Social problem/issues can be but not limited to:

- Maintaining health and hygiene
- Reducing Plastic Waste in Communities
- Food waste management
- E-Waste Disposal Challenges
- A Digital Literacy Initiative
- Senior Citizens and Digital education
- Rainwater Harvesting
- Water wastage
- Promoting Nutrition Awareness
- Improving Health Hygiene Practices in Schools/college/neighbourhood
- Stress Management and Mental Well-being
- Organic Farming Practices
- Promoting Tree Plantation Drives